

PROVINCE	MARKET	NEWSPAPER	PUB DAY	BOOKING DEADLINE	MATERIAL DEADLINE
Alberta					
	<i>Airdrie</i>	Airdrie Echo	Wed	Fri 12pm	
	<i>Banff</i>	Banff Crag & Canyon	Tues	Thurs 4pm	
	<i>Beaumont</i>	La Nouvelle de Beaumont	Fri	Tues 5pm	
	<i>Blairmore</i>	Crowsnest Pass Promoter	Fri	Mon 12 pm	
	<i>Camrose</i>	Camrose Canadian	Thurs	Fri 3pm	Mon 9am
	<i>Canmore</i>	Canmore Leader	Wed	Thurs 4pm	
	<i>Cochrane</i>	Cochrane Times	Wed	Fri 12pm	
	<i>Cold Lake</i>	Cold Lake Sun	Tues	Thurs 12pm	Thurs 4pm
	<i>Devon</i>	Devon Dispatch News	Fri	Tues 5pm	
	<i>Drayton Valley</i>	Drayton Valley Western News Review	Tues	Wed 5pm	Thurs 5pm
	<i>Edmonton</i>	Edmonton Examiner	Wed	Mon 12pm	
	<i>Edson</i>	Edson Leader	Mon	Wed 5pm	Thurs 5pm
	<i>Edson</i>	Edson Towne and Country	Mon	Tues 5pm	
	<i>Edson</i>	Edson West Country Extra	2nd Tues/ Mth	Thurs 5pm	
	<i>Fairview</i>	Fairview Post	Tues	Thurs 3pm	
	<i>Fort Saskatchewan</i>	Fort Saskatchewan Record	Thurs	Mon 5pm	
	<i>Grande Prairie</i>	Peace Country Sun	Fri	Thurs 1wk prior	
	<i>Grande Prairie</i>	Grande Prairie INK	Mon	Mon 7 days prior	
	<i>Hanna</i>	Hanna Herald	Wed	Thurs 5pm	
	<i>High River</i>	High River Times	Tues/Fri	Thurs 12pm Tues 12pm	
	<i>Hinton</i>	Hinton Parklander	Mon	Thurs 12pm	
	<i>Lacombe</i>	Lacombe Globe	Tues	Wed 5pm	Thurs 5pm
	<i>Leduc</i>	County Market	Wed	Thurs 5pm	Thurs 1pm
	<i>Leduc</i>	Homes Plus Real Estate Section	Fri	Mon 5pm	Tues 2pm
	<i>Leduc</i>	Leduc Representative	Fri	Tues 5pm	
	<i>Lloydminster</i>	Lloydminster Meridian Booster	Mon/Wed/ Fri	2 days prior	
	<i>Mayerthorpe</i>	Freelancer	Wed	Thurs 5pm	Fri 12pm
	<i>Nanton</i>	Nanton News	Wed	Thurs 5pm	
	<i>Peace River</i>	Peace River Record Gazette	Tues	Thurs 12pm	
	<i>Pincher Creek</i>	Pincher Creek Echo	Fri	Mon 12pm	
	<i>Sherwood Park</i>	Sherwood Park News	Tues	Thurs 5pm	
			Fri	Tues 12pm	
	<i>Spruce Grove</i>	Spruce Grove Examiner	Fri	Tues 12pm	
	<i>Stony Plain</i>	Stony Plain Reporter	Fri	Tues 12pm	
	<i>Strathmore</i>	Strathmore Standard	Wed	Thurs 4pm	
	<i>Vermilion</i>	Vermilion Standard	Wed	Thurs 3pm	

BOOKING AND MATERIAL DEADLINES

PROVINCE	MARKET	NEWSPAPER	PUB DAY	BOOKING DEADLINE	MATERIAL DEADLINE
Alberta cont'd					
	<i>Vulcan</i>	Vulcan Advocate	Wed	Fri 4pm	
	<i>Wetaskiwin</i>	Wetaskiwin Times - Advertiser	Wed	Fri 5pm	
	<i>Whitecourt</i>	Whitecourt Star	Wed	Fri 12pm	
Saskatchewan					
	<i>Meadow Lake</i>	Meadow Lake Progress	Fri	Mon 12pm	
	<i>Melfort</i>	Melfort Journal	Tues	Fri 3pm	
	<i>Melfort/Nipawin N.E.Saskatchewan</i>	North East Sun	Fri	Tues 12pm	
	<i>Nipawin</i>	Nipawin Journal	Wed	Fri 3pm	
Manitoba					
	<i>Altona</i>	Altona Red River Valley Echo	Fri	Tues 12pm	
	<i>Beausejour</i>	Beausejour, The Review	Fri	Wed 12pm	
	<i>Carman</i>	Carman Valley Leader	Fri	Tues 12pm	
	<i>Interlake (Gimli, Arobrg, Ashern, Lundar)</i>	Interlake Spectator	Fri	Wed 12pm	
	<i>Lac du Bonnet</i>	Lac du Bonnet Leader	Fri	Wed 12pm	
	<i>Portage la Prairie</i>	Central Manitoba Shopper & News	16/YR Tues	1 week prior	
	<i>Portage la Prairie</i>	Herald Leader Press	Sat	Thurs 12pm	Mon 12pm
	<i>Selkirk</i>	Selkirk Journal	Fri	Wed 12pm	
	<i>Stonewall</i>	Stonewall Argus & Teulon Times	Fri	Wed 12pm	
	<i>Winkler</i>	Morden Times	Fri	Tues 12pm	
	<i>Winkler</i>	Winkler Times	Fri	Tues 12pm	
Ontario					
	<i>Amherstburg</i>	Amherstburg Echo	Thurs	Mon 5pm	
	<i>Belleville</i>	Shoppers Market	Thurs	Mon 12pm	
	<i>Bancroft</i>	Bancroft This Week	Fri	1 week prior	
	<i>Bancroft / Barry's Bay</i>	The Extra	Fri	1 week prior	
	<i>Barry's Bay</i>	Barry's Bay This Week	Wed	1 week prior	
	<i>Bradford</i>	Bradford West Gwillimbury Times	Thurs	Mon 5pm	
	<i>Brantford</i>	Brantford Pennysaver	Fri	Tues 12 pm	
	<i>Chatham</i>	Chatham Smart Shopper	Thurs	Tues 3pm	Tues 5pm
	<i>Chatham</i>	Chatham This Week	Wed	Thurs 3pm	Fri 4pm
	<i>Chatham</i>	Today's Farmer	Tues	Wed 3pm	
	<i>Clinton</i>	Clinton News Record	Wed	Fri 4pm	Mon 10am
	<i>Cochrane</i>	Cochrane Times Post	Thurs	Mon 5pm	Tues 12pm
	<i>Cochrane District & James Bay Coast</i>	Northern Voice	2/mth	Friday prior	
	<i>Collingwood</i>	Collingwood Enterprise-Bulletin	Wed	Fri 12pm	
			Fri	Tues 12pm	
BOOKING AND MATERIAL DEADLINES					

PROVINCE	MARKET	NEWSPAPER	PUB DAY	BOOKING DEADLINE	MATERIAL DEADLINE
Ontario cont'd					
	Delhi	Delhi News Record	Wed	Fri 12pm	Mon 12pm
	Dresden	Leader Spirit	Wed	1 week prior	
	Dunnville	Dunnville Chronicle	Wed	Tues 11am	
	Elliot Lake	Elliot Lake North Shore Market Place (TMC)	Fri	1 week prior	
	Elliot Lake	Elliot Lake Standard	Wed	1 week prior	
	Espanola	Espanola Mid-North Monitor	Wed	1 week prior	
	Fort Erie	Fort Erie Times	Sat	1 week prior	
	Frontenac	Frontenac This Week	Thurs	Mon 11am	
	Gananoque	The Gananoque Reporter	Thurs	Mon 2pm	
	Goderich	Focus Newsmagazine	Fri/Sa biwkly	1 week prior	
	Goderich	Signal Star	Wed	Fri 12pm	
	Goderich	Supersaver	Fri		
	Grand Bend	Lakeshore Advance	Wed	Fri 4pm	Mon 10 am
	Guelph	Guelph Pennysaver	Fri	Wed 12pm	Wed 5pm
	Haliburton	Haliburton County Echo	Tues	Fri 12pm	
	Hanover	The Post	Thurs	1 week prior	
	Ingersoll	Ingersoll Times	Wed	Mon 12pm	
	Innisfil	Innisfil Examiner	Fri	Wed 12 pm	
	Kapuskasing	Le Weekender	Thurs	Mon 5pm	Tues 12pm
	Kapuskasing	L'horizon	Wed	Mon 12pm	
	Kapuskasing	Northern Times	Wed	Mon 12pm	
	Kenora	Lake of the Woods Enterprise	Sat	Wed 10am	
	Kincardine	Kincardine News	Tues	Fri 12pm	
	Kingston	Kingston This Week	Thurs	Tues 12pm	
	Kirkland Lake	Kirkland Lake Northern News	Mon, Wed, Fri	1 week prior	
	K-W/ Cambridge	Kitchener/ Waterloo Pennysaver	Thurs	Tues 10am	
	Leamington	Leamington Post & News	Wed	Fri 12pm	
	Leamington	Leamington Shopper	Fri	Tues 12pm	
	Lindsay	Lindsay Post	Tues, Fri	1 week prior	
	London	Londoner,The	Thurs	Fri 12pm	Fri 3pm
	London	London Pennysaver	Fri	Mon 5pm	
	Lucknow	Lucknow Sentinel	Wed	Fri 4pm	
	Markdale	Markdale Standard	Tues	Tues 12pm	
	Midland	Midland Free Press	Wed	1 week prior	
	Minden	Minden Times	Wed	1 week prior	
	Mitchell	Mitchell Advocate	Wed	Fri 4pm	
	Napanee	Napanee Guide	Thurs	Tues 11am	
BOOKING AND MATERIAL DEADLINES					

PROVINCE	MARKET	NEWSPAPER	PUB DAY	BOOKING DEADLINE	MATERIAL DEADLINE
Ontario cont'd					
	Niagara	Niagara Advance	Thurs	1 week prior	
	North Bay	Community Voices	Fri	8 days prior	
	Norwich	Norwich Gazette	Wed	Mon 12pm	
	Ottawa	Ottawa Pennysaver	Thur	Thurs 4pm	Fri 3pm
	Paris	Paris Star	Wed	Thurs 5pm	
	Pelham	Pelham News	Fri	1 week prior	
	Pembroke Petawawa	The News	Thurs	Tues 12 pm	
	Petrolia	Petrolia Topic	Wed	Thurs 5pm	
	Picton	The County Weekly News	Thurs	1 week prior	
	Port Colborne	InPort News	Fri	1 week prior	
	Port Elgin	Shoreline-Beacon News	Tues	Fri prior	
	Quinte	Community Press (All Editions)	Thurs	1 week prior	
	Sarnia	Sarnia This Week	Wed	Wed 12pm	Thurs 4pm
	Sault Ste. Marie	Sault Star Extra/Marketplace (EMC)	Tue & Fri	1 week prior	
	Sault Ste. Marie	Sault Ste. Marie This Week	Wed	1 week prior	
	Seaforth	Huron Expositor	Wed	Mon 12pm	
	Simcoe	Tuesday Times Reformer	Tues	Thurs 5pm	
	Stratford	Marketplace	Fri	Mon 12pm	
	Strathroy	Age Dispatch/Focus	Thurs	Fri 11am	
	St. Thomas	Elgin County Market	Fri	Wed 10am	
	Thorold	Niagara News, Thorold	Wed	1 week prior	
	Tilbury	Tilbury & Wheatley This Week	Thurs	Fri 3pm	
	Tillsonburg	Lakeshore Shopper	Thurs	Fri 12pm	
	Tillsonburg	Tillsonburg Independent News	Wed	Mon 3pm	Tues 10am
	Tillsonburg	Tillsonburg News	Mon/ Fri	2 days prior	
	Timmins	Timmins Times	Thurs	Tues 5pm	Wed 12pm
	Trenton	Trentonian	Thurs	1 week prior	
	Wallaceburg	Courier Press	Thurs	Fri 11am	
	West Elgin	West Elgin Chronicle	Thur	Fri 12pm	
	West Niagara	West Niagara News	Wed & Fri	1 week prior	
	Warton	Warton Echo	Tues	Fri 12pm	
	Windsor	Windsor Pennysaver	Thurs	Mon 4pm	
	Woodstock	Oxford Shopping News	Tues	Thurs 5pm	
	Woodstock	Woodstock Oxford Review	Thurs	Tues 11am	Tues 12pm
Quebec					
	Amos, Val D'Or	Le Citoyen Abitibi-Est	Wed	Fri 12pm	Mon 2pm
	Amqui	L'Avant-Poste	Wed	Fri 4pm	Mon 10:30am
	Asbestos	Les Actualités	Thurs	Fri 10am	Fri 5pm
BOOKING AND MATERIAL DEADLINES					

PROVINCE	MARKET	NEWSPAPER	PUB DAY	BOOKING DEADLINE	MATERIAL DEADLINE
Quebec cont'd					
	<i>Assomption</i>	L'Écrivain Public (Bi-Monthly)	Thurs	Thurs 12pm 1 week prior	Thurs 5pm 1 week prior
	<i>Baie-Comeau</i>	Plein Jour de Baie-Comeau	Wed	Fri 11am	Mon 2pm
	<i>Bas St-Laurent</i>	Bas St-Laurent	Wed	Fri 12pm	Fri 4pm
	<i>Beauport</i>	L'Écho de Beauport	Fri	Tues 12pm	
	<i>Belœil, Boucherville, St-Contant</i>	Sortir (Vivre en Montérégie)	Fri	Wed 4pm 1 week prior	Fri 2pm 1 week prior
	<i>Blainville, Ste-Thérèse</i>	La Voix de Mille Iles	Wed	Fri 12pm	Fri 5pm
	<i>Chandler</i>	Le Hâvre	Wed	Fri 2pm	Mon 10:30am
	<i>Châteauguay</i>	Le Soleil	Wed	Fri 5pm	Mon 12pm
	<i>Chibougamau</i>	La Sentinelle	Wed	Thurs 4pm	Fri 12pm
	<i>Chibougamau, Baie-James</i>	Le Jamésien (last Friday of the month)	Mon	Fri 12pm 10 days prior	
	<i>Chicoutimi, Jonquière, La Baie</i>	Le Réveil	Sun	Thurs 12pm	
	<i>Dolbeau</i>	Le Point	Wed	Fri 12pm	Fri 1pm
	<i>Dorion</i>	1ère Édition	Sat	Wed 5pm	Thurs 1pm
	<i>Drummondville</i>	L'Impact	Thurs	Mon 12pm	
	<i>Farnham, Granby, Cowansville (Avenir des Rivières, L'Express, Guide de Cowansville)</i>	L'Économie	Wed	Wed 4pm 1 week prior	
	<i>Farnham, Napierville, St-Jean (Avenir, des Rivières, Coup d'Œil & Régional de St-Jean)</i>	Le Régional de St-Jean	Wed	Fri 2pm	Mon 12pm
	<i>Gaspé</i>	Le Pharillon	Wed	Fri 4pm	Mon 10:30am
	<i>Gaspésie</i>	Gaspésie	Wed	Fri 4pm	Mon 12pm
	<i>L'Annonciation</i>	L'Information du Nord, Vallée de la Rouge	Thurs	Mon 12pm	Tues 12pm
	<i>Laval</i>	L'Extra de Laval (Monthly)	Mon	Tues 5pm	Thurs 9am
	<i>Laval / Chomedey</i>	Laval News (Bi-Monthly)	Wed	Mon 12pm	Mon 5pm
	<i>Laval / Chomedey</i>	Mon Laval (Bi-Monthly)	Wed	Fri 3pm	Mon 3pm
	<i>Lévis, Charny, St-Romauld</i>	Peuple Lévis	Thurs	Mon 3pm	Tues 10am
	<i>Longueuil, St-Lambert, Greenfield Park, St-Hubert, Brossard, Ville Lemoyne</i>	Courrier du Sud	Thurs	Tues 5pm	
	<i>Lotbinière, Laurier Station</i>	Peuple Lotbinière	Thurs	Fri 10am	Fri 5pm
	<i>Matane</i>	La Voix Gaspésienne	Sun	Thurs 12pm	Fri 11am
	<i>Matane</i>	La Voix de la Matanie	Wed	Fri 4pm	Mon 10:30am
	<i>Mont-Joli</i>	L'Information Mont-Joli	Wed	Fri 4pm	Mon 10:30am
	<i>Mont-Laurier</i>	Écho de la Lièvre	Fri	Wed 12pm	Wed 4pm
	<i>Mont-Laurier</i>	Le Choix	Wed	Fri 4pm	Mon 12pm
	<i>Montmagny, L'Islet</i>	Peuple Côte-Sud	Thurs	Mon 10am	Mon 4pm
	<i>Montréal</i>	Nouvelle Parc-Extension News (Bi-Monthly)	Tues	Fri 5pm	Mon 11am
	<i>Mont-Tremblant</i>	L'Information du Nord	Thurs	Mon 12pm	Tues 12pm
	<i>Port-Cartier</i>	Le Port-Cartois	Wed	Fri 12pm	Mon 12pm
	<i>Québec, Sillery, Loretteville</i>	Journal le Carrefour	Fri	Wed 12pm	
BOOKING AND MATERIAL DEADLINES					

PROVINCE	MARKET	NEWSPAPER	PUB DAY	BOOKING DEADLINE	MATERIAL DEADLINE
Quebec cont'd					
	<i>Repentigny</i>	Le Vaillant (Bi-Monthly)	Wed	Wed 1 week prior 4pm	
	<i>Rimouski</i>	Le Progrès-Écho	Sun	Thurs 3pm	Fri 10am
	<i>Rimouski</i>	Le Business (Monthly)	Wed	Tues 12pm	Tues 4pm
	<i>Rimouski</i>	Vision Terre et Forêt (Monthly)	Fri	Tues 12pm	Tues 4pm
	<i>Rimouski</i>	Rimouskois	Wed	Mon 4pm	Tues 3pm
	<i>Rivière-du-Loup, Trois-Pistoles</i>	Le St-Laurent Portage	Wed	Fri 2:30pm	Mon 4pm
	<i>Rosemère / Deux-Montagnes</i>	North Shore News (Bi-Monthly)	Sat	Tues 4pm	Wed 11am
	<i>Rouyn-Noranda</i>	La Frontière	Fri	Tues 4pm	Wed 3pm
	<i>Rouyn-Noranda, Amos, Val D'Or</i>	Comb. Citoyen Est-Ouest	Wed	Fri 12pm	Mon 12pm
	<i>Rouyn-Noranda, La Sarre</i>	Le Citoyen Abitibi-Ouest	Wed	Fri 12pm	Mon 2pm
	<i>Sept-Iles, Hâvre St-Pierre</i>	Le Nord-Est	Wed	Fri 12pm	Mon 12pm
	<i>Sherbrooke</i>	Journal de Sherbrooke	Thurs	Tues 12pm	Tues 4pm
	<i>Sorel</i>	La Voix de Sorel	Fri	Wed 5pm	Thurs 10am
	<i>Ste-Adèle, St-Sauveur</i>	Journal Pays D'en Haut la Vallée	Thurs	Tues 12pm	Tues 3pm
	<i>Ste-Agathe</i>	L'Information du Nord, Ste-Agathe	Thurs	Mon 12pm	Tues 12pm
	<i>Ste-Anne-des-Monts</i>	Riverain	Wed	Fri 4pm	Mon 12pm
	<i>Ste-Marie, St-Joseph</i>	Beauce Média	Thurs	Fri 3pm	Mon 4pm
	<i>St-Eustache</i>	La Concorde	Wed	Thurs 12pm	Fri 5pm
	<i>St-Georges, Beauceville</i>	Éclairer-Progrès / Beauce Nouvelle	Thurs	Tues 10am	Tues 12pm
	<i>St-Georges, Ste-Marie, Lac Etchemin</i>	Régional de Beauce	Thurs	Tues 10am	Tues 12pm
	<i>St-Hyacinthe</i>	Le Clairon Régional	Tues	Thurs 10am	Thurs 12pm
	<i>St-Jérôme</i>	L'Écho du Nord	Wed	Mon 12pm	
	<i>St-Jérôme</i>	Mirabel	Sat	Thurs 4pm	Thurs 5pm
	<i>Terrebonne, Mascouche</i>	La Revue	Wed	Fri 12pm	Fri 4pm
	<i>Val D'Or, La Sarre, Matagami</i>	Écho Abitibien	Fri	Tues 2pm	Wed 3pm
	<i>Val D'Or, Rouyn-Noranda</i>	Comb. Écho et Frontière	Wed		
	<i>Valleyfield</i>	Le Journal St-François	Wed	Fri 5pm	
	<i>Ville-Marie, Témiscaming</i>	Le Reflet (Ville-Marie)	Wed	Fri 12pm	Mon 10am
New Brunswick					
	<i>Bathurst</i>	L'Étoile Chaleur	Thurs	Mon 4pm	Tues 1pm
	<i>Campbellton, NB</i>	L'Aviron	Fri	Mon 11am	Mon 5pm
	<i>Campbellton, NB</i>	L'Étoile Restigouche	Thurs	Mon 11am	
	<i>Dieppe, Kent, Shédiac</i>	L'Étoile	Thurs	Mon 11 am	Tues 11am
	<i>Edmundston</i>	Le Madawaska	Wed	Fri 4pm	Mon 4pm
	<i>Edmundston</i>	La République	Thurs	Mon 4pm	Mon 5pm
	<i>Grand Sault</i>	L'Étoile Cataracte	Thurs	Fri 4pm	Mon 4pm
	<i>New Richmond</i>	L'Écho de la Baie	Wed	Fri 5pm	Mon 10:30am
	<i>Hawkesbury, Lachute</i>	Le / The Regional	Fri	Wed 12pm	
BOOKING AND MATERIAL DEADLINES					